



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2014

### Sporting Excellence in Karate

#### Regional Level

## Holly Lyell

This is to certify that Holly Lyell has performed to a very high standard in Competition Sport Karate throughout 2014 winning the medals and titles listed below:-

### Championship Success - 1 Silver 1 Bronze

**Shindo Kai National Championships** - 20<sup>th</sup> November, Barnsley

Silver - Pairs Kata

Bronze - Individual Kata

Congratulations on your sporting achievements throughout 2014. Well done Holly.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy

